



**GIBRALTAR SPORTS AND LEISURE AUTHORITY
BAYSIDE SPORTS CENTRE
BAYSIDE ROAD
GIBRALTAR**



PRESS RELEASE

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Summer Sports & Leisure programme sponsored by NatWest kicks off in full this Monday 18th July, the first full week of the programme will see the introduction of the ever popular [Sports Train](#), a programme of sporting activities, games, competition, fitness and fun that runs at the Bayside Sports Centre, Mondays to Fridays from 10am to 12noon.

[Children's Corner](#) which runs Mondays, Wednesdays and Fridays 10am to 11.45am for children aged 5 & 6 years. Weekly themes will include ball skills, batting & fielding games, athletic activities, outdoor adventure and fitness & fun days.

[Stay and Play](#) programme which offers activities for children and young people with special needs. The programme will be based at the Bayside Sports Centre Boathouse, and will include a variety of activities including arts and crafts, sports and physical activities, music, storytelling and will also include offsite cultural and nature activities. Participation on this programme is by invitation through St Martins Special School. The three above programmes are organised by the Gibraltar Sports & Leisure Authority and are free of charge. Contact the Summer Sports Hotline on [20076522](tel:20076522) or e-mail gibsportsdev@gibtelecom.net for further information.

It is a bumper programme the biggest to date, something for everyone, pick up your booklet from Bayside Sports Centre or King's Bastion Leisure Centre.

Representative from NatWest Ms Gillian Balban Senior Bank Manager and Ms Sarah Baglietto Branch Manager and organisers from the GSLA will be introducing the Summer Sports & Leisure programme and meeting the Sports Leaders, volunteers and participants on Monday 18th July 11am onwards

Other activities on offer through the programme include:

Climbing

The Gibraltar Climbing Association will be organising a series of Introduction to climbing session for young people 8 years and over. Session will comprise of 2 x 2 hours sessions held on Tues & Thurs 10am to 12noon at the Bayside Sports Centre Climbing Wall from 19th July to 25th August. Children must wear trainers or outdoor shoes, trousers, a hat and sun bloc.

Contact Steve Payne on tel 54015063 or e-mail steve.climbs@hotmail.com for further information and to book your child's place.

Football

GFA Summer School

Consisting of training surrounding agility, skills and techniques and small sided games leading to cup final day Mon to Fri 18th to 22nd July – 10am to 12.30pm (Pitch No 2 – CEPSA entrance)

Age groups: 6 to 11 years / Max 25 per age group.

Two registration days will be held on Wed & Fri 13th & 15th July, 7pm at the Bayside Sport Centre

Contact Daniel Berllaque on e-mail gjfljunior@hotmail.com or 56514000 for info on fees etc and to book your child's place.

Gibraltar Ice Skating Association (GISA)

Gibraltar Ice Skating Association will be organising a Learn to Skate and Improvement Summer School for all levels, this year they will also be offering Ice Dance Theatre workshops.

Learn to Skate clinics Mon to Fri mornings 18th to 22nd July and 25th to 29th July. Clinics include lessons for complete beginners, novices, levels 2's and level 3 and over, this year will also see the inclusion of Ice Dance Theatre workshops.

Coaching from Gibraltar's very own highly qualified and experienced GISA Skate Development Officer Simon Newman. Skate dresses, track suits and jeans or warm clothes and gloves to be worn. Long hair to be tied back.

Contact Sharon on gisasec@gibcom.gi or tel 58700000 up until the 13th July and Peter Courtenay on 58009675 or e-mail pjcourt@sapphire.net.gi after 13th July for further information and to book your child's place

Ju-Jitsu

Learn the Art with Sensei Anthony Joaquin of the Gibraltar Ju-jitsu Academy

10 years and over, Every Mon & Wed 10am to 12noon at the North Jumpers Bastion, Rosia Road throughout the summer holidays. All proceeds will be donated towards the Japanese Disaster fund.

Contact Sensei Joaquin on 20079855 or 54011007 for further information.

Paddle Tennis

Coaching and competitions for junior paddle players.

Introductions to the rules and history of the game, basic skills, shots, advanced tactics and fast and exiting matches.

Saturday mornings 10am to 12noon, 23rd & 30th July and 6th August for 8 years and over. Players please bring along your own racquet,

Contact Paul Cartwright on 54019044 tipandcue@yahoo.com or Albert Borrell on 58009694 albert@gibtelecom.net for further information.

Petanque

Learn to play this excellent target bowl game at the Gibraltar Petanque Association headquarters, Giralda Gardens, Smith Dorrien Avenue. 13th July to 24th August, Wednesdays 10am to 12noon for girls and boys 8 to 11 yrs of age.

Contact Mr Charles Mifsud on 58008817 for further info.

Rugby

Gibraltar Rugby Football Union are organising a Rugby Summer Academy offering coaching sessions for all age groups as part of this year's programme. All sessions will be led by GRFU qualified coaches and week one will see Gloucester Community Development officers in action.

- Week one (Mon & Tues 18th & 19th July, 10am to 2pm) – Coaching sessions with Gloucester Rugby Club Community Development Officers for all age groups.

Speed, agility, tactics, and match play are all part of this year's programme.

Contact Robert Azopardi on 56001701 or e-mail azopardi22@gmail.com to book your place and for further info.

Sailing

Learn to sail and compete with qualified sailing instructors at the Royal Gibraltar Yacht Club. Summer School 1 – Mon to Fri 18th to 22nd July (Adult beginner's course 2 to 4pm, Mon to Thurs)

All courses to run from 9.30am to 12.30pm at the RGY Club

Participants will require bathing costume, towel, sunscreen, cold drink, light refreshments and a change of clothing.

Contact Mr Sydney Picher at the RGYC on 20048847 or e-mail rgyc@gibraltar.gi to book and for further info

Swimming

Water confidence, stroke technique, rescue skills and fun are the theme for Tarik Swim School Summer Camps.

Swim camps will run weeks beginning 11th and 18th July Mon to Fri, one hour per morning, either 10 to 11am or 11am to 12noon

(Swimmers in the GSLA large pool must be able to swim 25metres & must wear swim caps)

Under 8's Non-swimmers Teaching Clinic - GSLA small pool. Mon to Fri 9 to 9.45am dates as above. (Minimum age 4 years)

Contact 20072869 or e-mail gibswimming@hotmail.co.uk for further info and to book your place.

Tennis

Coaching Clinics at Queensway tennis courts for all levels 5 years and over throughout the summer holidays with qualified coaches.

Contact James Taylor on e-mail taylorj25@hotmail.co.uk or 54024974 or 20076703 after 8pm, preferably weekends for further info and to book your child's place.

Tenpin Bowling

Learn to bowl this summer at the King's Bowl, Kings Bastion Leisure Centre.

Coaching for 7 to 14 years olds. Come and learn more about this game under the instruction of qualified coaches. Great offers and advice from staff at the bowling alley and competitions throughout the summer.

- Morning group - 11am to 1pm 7 to 10years
- Afternoon group – 2pm to 4pm 11 to 14 years.

Please wear comfortable clothing and socks.

Contact the staff at King's Bowl on 20077338 or information@kingsbowl.com for further info and to book your place.

Arts & Crafts

Creative Corner

Learning through play to develop co-ordination, following instructions, numerical skills and also imagination for ages 4 to 6 years.

Course one – Tues, Wed Thurs - 12th to 21st July

Course two – Tues, Wed Thurs 26th July to 4th August

Course three – Tues, Wed Thurs 9th to 18th August

All sessions 10am to 12noon at the Bayside Sports Centre Boathouse

Amazing play dough activity.-Explosive creations using cakes and cookies- Scavenger/Treasure hunts-Arts & Crafts –

Children will need old large T-shirts to protect clothes and comfortable footwear for games.

Contact Lizanne on 0034 54010231 or Emma on 54011054 or Ana on 54016288 or e-mail happydays_partys@hotmail.com for further info and to book your child's place

Green Arts Project (Clean up the World)

The Gibraltar Environmental Safety Group will be organising a Green Arts project as part of this year's 'Clean Up the World' theme.

The workshops will run on Tuesdays and Thursdays for a four week period starting on Tuesday 19th July at the Bayside Sports Centre Boathouse. All materials used will be from recyclable products

- 6 to 9 year olds 9.30 to 11.30pm
- 10 to 13 year olds from 12noon to 2pm

Final models and paintings to be displayed in the 2011 CUTW Exhibition which will take place at the John Mackintosh Square in September.

To book your place and for further information contact Anna Maza on e-mail arne.m@wp.pl or tel20062040 or 54024321.

Outdoor Painting

Throughout the summer with Giorann Henshaw.

- Mondays: 10.00am to 11.30am Alameda Gardens 5 to 8 years £5 per session
- Tuesdays: 10.00am to 12.00pm Ocean Village Leisure Island 9 to 16+years £5 per session
- Wednesdays: 10.00am to 11.30am Ocean Village Leisure Island 5 to 8 years £5 per session
- Thursdays: 10.00am to 12.00noon (pending location) 9 to 16+years £5 per session

Children need to bring a beach chair, a hat, snack and painting materials i.e. pad, watercolours, brushes and palette and a bottle of water.

Contact Giorann Henshaw on 20075663 / 54027902 or henshbros@gibtelecom.net for further info and to book your child's place

Arts and Craft Centre

- Crafts for cuties (6 to 8 yrs) - Mon to Fri 11th to 15th July, 10 to 11am, Inc making hairclips and bags with Louise Ballantine.
- Textile Art – every Monday 11th July to 26th August 11.30 to 1pm for 8 to 11 years.
- Painting & Craft – every Tuesday 12th July to 23rd August 11.30am to 12.30pm.
- Sewing & knitting – every Thursday 14th July to 25th August 11.30 to 1pm
- Arts & Craft – every Tues & Thurs 12th to 25th August 10 to 11am.

All activities held at the Arts & Crafts centre, Casemates.

Contact the Arts & Crafts centre on 20073865 or visit the web site on www.gibraltarartsandcrafts.com

Leisure & Educational Activities

Cheerleading – Sessions for boys and girls ages 4 to 7 years and 8 to 12 years. Sessions to start week beginning 18th July. Contact Georgina on 58008338 or e-mail georginamorello@yahoo.co.uk for bookings and information.

Walks through history

Dr Darren Fa of the Gibraltar Museum will be continuing the popular 'Walks through history' over the summer holiday period. The walks are aimed at children between the ages of 9 and 12 years and will take place on Thursdays 21st, 28th July and the 4th August. Parents are welcome to accompany children as long as spaces are available.

Maximum of 20 on each walk, children must bring along hats, comfortable clothing, sensible footwear, a drink and may wish to bring along a sketchpad and or camera. Bookings are on a first come, first served basis.

Full details of each walk will be given on calling the museum reception.

Contact the John Mackintosh Hall/Museum reception on 20074289 for further info.

War hammer

Something for everyone whether you are a veteran or a beginner (8 years and over). Get your armies ready; come over to the Kings Bastion Leisure Centre every Saturday between 4 and 9pm and wage war throughout the year.

Share gaming tips & strategies; make the most of your painting. Mini campaigns and competitions will also be organised each week.

You need to provide your own miniatures if you want to play

No need to book just turn up or contact Maite Fletcher on 20070037 or km_hobby@hotmail.com

Young 1st Aider Courses

First Aid, Resuscitation, CPR, Incident & casualty management, Top to toe surveys and much more for 8 years and over. Courses to be held at St John House Coaling Island Mon to Fri from 9.30am to 12.30pm.

- Course 1 – Mon 18th to Fri 22nd July - 8 to 11 years.

Contact St John Ambulance on 20077390, training@stjohn.gi to book your child's place and for further info.